

2 JUNE



Treating beauty

Dr. Sarah Fazy (Dr. Cherry)

Aesthetic therapies and technologies



MEDIA SERVICES PHOTOFILE (ISHAN SUJAN)



It's about making yourself happy, giving your confidence a boost so that you can overcome any challenges that you may face in life

Q: How would you describe yourself to our viewers?

A: I'm very passionate about my work. For me, it's all about learning new things – every day, all the time. I'm always on the lookout for the latest in cosmetic treatments and technology because I want to provide the best service to my clients. I always tell my staff and even my friends that we need to constantly update ourselves because there are many new technologies in this world to learn about and keep pace with.

Q: Can you share your journey into cosmetology? What made you pursue this particular career?

A: My father's dream was for me to become a medical doctor – but I always had a passion for beauty culture. I thought of mixing these two together. Therefore, soon after I finished my medical degree I chose to specialise in esthetic medicine.

Of course we do not offer this specialty in Sri Lanka. Hence, it was a huge challenge for me to find the best faculty to study in.

Q: How is the market in the island for this particular field of medicine?

A: In Sri Lanka, the cosmetology field is still growing and many are not even aware of it. Therefore, we need to be as descriptive as possible when explaining a treatment to a client because their knowledge is usually very limited. However, once the results are shown they do come around and seem more receptive towards the treatments offered.

It's more about creating awareness and teaching patients – there are many new and advanced beauty treatments that can help in developing a better, more confident, you.

Q: What are your thoughts on beauty being in the eye of the beholder? And that inner beauty matters more than the physical appearance of a person?

A: At the end of the day it is about what you want and the self-love you have for yourself. So as long as you do what you want and are happy with how you turn out to be, you should find fulfillment.

It's about making yourself happy, giving your confidence a boost so that you can overcome any challenges that you may face in life. Other people's opinions about how you look should not matter too much.