

BY VENESSA ANTHONY

Beauty clinic 360 Wellness, founded by cosmetic and aesthetic physician Dr. Sarah Fazy, celebrated its first anniversary recently.

Dr. Fazy, better known as Dr. Cherry, chose her career path combining her dream of becoming a doctor and her love for skin care. During her journey as a doctor, she realised that beauty and skin care were what most gripped her interest. She incorporated both aesthetics and medicine, as she believes that the quality of beauty treatments can be optimised with the help of aesthetic medical treatment.

Today, she is recognised nationally as an aesthetic expert, and is frequently featured by media outlets. Dr. Cherry has been practising medicine since 2015, and has been in the field of aesthetic medicine since 2018. She also has an MBBS and a Diploma in Aesthetic Medicine from the American Academy of Aesthetic Medicine.

Speaking at the anniversary event held at 360 Wellness, she stated that achieving this milestone was a dream come true.

Dr. Cherry told the audience that, having gone through skin issues in the past, she understands the necessity of skincare maintenance, and strives to adhere to a medical-based approach in terms of wellness for all of her clients.

She went on to speak about the many challenges she faces daily, adding that she is given respite seeing her client's face light up after their treatments.

"My clients and their wellbeing are as important to me as my family, and that is what 360 Wellness has been built upon," she added. During her consultations, she ensures to have an open discussion with her clients in regards to their requirements, so together they can then decide on a treatment plan after having evaluated the pros and cons.

"I further advise them to have realistic expectations, as this is not plastic surgery – we perform only minimally invasive to non-invasive treatments which don't involve

A 360° APPROACH TO BEAUTY

Dr. Sarah Fazy shares her success story as 360 Wellness turns one

going under the knife," she told us.

From providing cosmetic treatments and procedures such as scar management, hyperpigmentation treatments, skin tightening, and hair reduction, to pigmentation corrections, chemical peels, body contouring, and dermal fillers, 360 Wellness provides every procedure possible with the latest technologies to provide optimal care and service.

She also highlighted that no treatment lasts forever, and no beauty queen becomes one overnight, but added that one can achieve what you are going for with a matter of time and effort. The entire suite of treatments is created to improve and round out the best version of each individual, to their own satisfaction, using non-invasive to minimal invasive procedures, ensuring the safety and wellbeing of each and every one of them.

Dr. Cherry emphasised that cutting is not part of the job, and noted that to be

one of the primary reasons why her clients have a great deal of trust in the types of treatments and procedures that they offer. She noted that wisely investing in ourselves has its fruitful returns.

"I believe that you need to invest in yourself to be the best version of you. Give priority to yourself, and be a results-oriented person instead of opting for unmethodical treatments haphazardly – rather get maestro guidance to achieve optimum results," she highlighted.

All the services offered at 360 Wellness are personalised as every individual is different, and has very different desires. Since it is understood that the same treatment or medication would not apply to every individual, Dr. Cherry stated that they treat clients with the greatest care and customised attention.

When speaking on what's to come for

the clinic, Dr. Cherry explained that they will focus on offering a unique combination of cosmetic and Ayurvedic treatments, a wellness tier of state-of-the-art procedures, and also the opportunity for clients to engage in many services under one roof – including a gym, dental services, body and hair treatments, weight loss, and more. As a whole, her current goal is to offer treatments that are extremely uncommon with the use of the latest devices without clients having to go under the knife.

Dr. Cherry concluded: "My team and I will continue to work together to find feasible solutions to enhance our clients' natural beauty by bringing out the best in each and every one of them."

Cosmetic and Aesthetic Physician Dr. Sarah Fazy



360 Wellness staff at the one-year anniversary celebration



PHOTOS ESHAN DASANAYAKA